

# Children & Young People's Overview and Scrutiny Committee

27 October 2016



## Childhood Obesity in County Durham Workshop Activity

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**Joint Report of Lorraine O'Donnell, Director of Transformation and Partnerships and Jane Robinson, Corporate Director of Adult and Health Services**

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### Purpose of the Report

1. The purpose of this report is to provide members of the Children and Young People's Overview and Scrutiny Committee with an introduction to workshop activity on Childhood Obesity in County Durham.

### Background

2. In 2012 Children and Young People's Overview and Scrutiny Committee carried out an in depth review of Excess Weight in Primary Aged Children. The review was presented to Cabinet in November 2012 and made four recommendations in relation to:
  - Update and refresh the original strategy
  - Encourage schools to have the necessary leadership to drive programme outcomes forward
  - All programmes should follow the principles of continuous evaluation as set out in the Standard Evaluation Framework
  - A feasibility study to assess the viability of an interim child height and weight measurement at Year two (ages 6/7)
3. At its meeting on 16 December, 2013, Children and Young People's Overview and Scrutiny Committee received an update on the progress made against its recommendations. The first three recommendations were progressing but in relation to the final recommendation it was suggested that there was evidence there was a steep rise in excess weight at year five and therefore efforts would be focused at year four children and their parents.

### Detail

4. The Children and Young People's Overview and Scrutiny Committee have continued to monitor the levels of excess weight in children in their performance management reporting. At its meeting on 1 July 2016 members of the Children and Young People's Overview and Scrutiny Committee agreed to hold a single

session to receive information on Childhood Obesity in County Durham via workshop activity.

5. The workshop will be facilitated by members of the Healthy Weight Alliance who will provide information to members on:
  - The current numbers of children who are overweight or obese
  - What are the challenges associated with childhood obesity
  - How could these be tackled across County Durham
  - What are our current approaches
  - What is the plan/vision for the future.
  
6. The facilitators will feedback following at the end of the session and the Chair of the committee will write to the Chair of the Health and Wellbeing Board and the Chair of Children and Families Partnership with the outcomes raised from the session.

### **Recommendation**

7. Members of the Children and Young People's Overview and Scrutiny Committee are asked to note the content of the report in relation to work shop activity.

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## **Appendix 1: Implications**

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### **Finance**

No impact

### **Staffing**

No impact

### **Risk**

No impact

### **Equality and Diversity / Public Sector Equality Duty**

No impact

### **Accommodation**

No impact

### **Crime and Disorder**

No impact

### **Human Rights**

No impact

### **Consultation**

No impact

### **Procurement**

No impact

### **Disability Issues**

No impact

### **Legal Implications**

No impact